

# Providing Friendly Visitors for Lonely and Isolated Seniors

---

Hello, my name is Lisa and I am honored to represent Friend to Friend America. Since 1974, we have been mobilizing volunteers to visit one on one with lonely and isolated seniors and veterans.

We provide this service free of charge because we believe the power of friendship enhances the quality of life for all, not just for those that can afford it.

~ *Lisa Slavik, Executive Director*  
*Friend to Friend America*

---



Coordinating and educating  
volunteers since 1974

# Friend to Friend America



---

What is needed most is  
someone to be a friend.

---

## Did you know 6 out of 10 residents in nursing homes never have a visitor?

Friend to Friend America (FTFA) ends loneliness one friend at a time. Visits by a caring friend enhance the quality of life and increase feelings of self worth of the residents. Volunteers not only form life long friendships, they also acquire an increased understanding of the needs and resources for older and disabled adults.

Interested? All we ask of our volunteers is that you make a commitment to visit a resident at least twice a month for a year.

To make it even easier, our partnerships with so many facilities allows us to match you with a friend right in your neighborhood. Visiting is simple and your visits can be arranged to fit conveniently into your schedule!

Participation is open to everyone and is an opportunity to serve your community in a rewarding way; giving a little time and love.

### Contact Us

Friend to Friend America  
22030 7th Ave. S. / PO Box 98766  
Des Moines, WA 98198-0766

855-711-FTFA  
volunteer@ftfa.org



## The Story of Eddie

The power of friendship was never more evident than in the case of Eddie and Harriet.

Eddie, a nursing home resident, was unable to speak, kept to his bed all day, and never with the other residents. No one ever came to visit him. Eddie needed a friend. Harriet was approached by the social workers when she came in to see her friend Florence. For several weeks Harriet would say, "Hi Eddie, hope you are having a good day!" He never responded.

### One day Eddie sat up!

To Harriet's surprise, one day Eddie sat up and mumbled. He was difficult to understand, but followed her to the door and acted like he wanted to go with her! Harriet invited Eddie to join her as she took her son to soccer practice. He loved the outing and their friendship blossomed from there. Eddie's quality of life improved as he began getting involved activities at the home and he began living again. Eddie wanted to go to church as well and before long he was standing at the door greeting visitors with the pastor every Sunday. He had beautiful twinkly blue eyes, a sweet smile, always wore his railroad overalls, and his walker squeaked loudly when he walked down the hall. When Eddie died, his pastor and FTFA friends were by his bedside.



**It all started with "Hi Eddie!"**

## How you can help

You can volunteer to be a visiting friend—visit our website at FTFA.org and fill out our volunteer application.

You can support our program by making a donation via our website at FTFA.org or complete the information below and mail to our offices.

We are supported 100% by donations from people just like you. People that see the need and value in the service we provide. People that believe in the power of friendship and that everyone deserves a friend. Please consider making a donation today.

Your donations are tax deductible as Friend to Friend America is a 501(c)3 nonprofit charitable organization.

My enclosed gift will support the ongoing mission of Friend to Friend America.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

FTFA does not share this information with other companies or organizations.

**Mail to:** Friend to Friend America  
PO Box 98766  
Des Moines, WA 98198-0766